

Choices Mental Health Counseling PLLC
433 Broadway, Monticello, New York 12701

Informed Consent Relative to Medicaid Managed Care

Choices Mental Health Counseling PLLC respects and supports each person's right to choose their healthcare providers to work together with them and with other allied healthcare providers toward mutually established and agreed upon treatment goals.

Choices Mental Health Counseling PLLC participates with commercial plans as well as managed care Medicaid options including but not limited to Fidelis Care NY, Beacon Health Options (which administers carve-outs for MVP Healthcare, Affinity Health Plan, and Crystal Run Health Plan), and CDPHP. State and Federal laws prohibit us from billing straight NYS Medicaid or Medicare.

Medicaid beneficiaries who do not have a Managed Care Plan should immediately find out if they are eligible for such and if so, designate a plan by contacting the NYS Department of Health, Medicaid Choice office, toll-free at [800-505-5678](tel:800-505-5678). (The cutoff is the 15th of the month for activation on the 1st day of the following month.) Those who have Medicaid but no active Managed Care Plan may be seen at this office on a self-payment basis and by so attending agree to be financially liable for such fees.

Managed Care contracts prohibit us from billing covered Plan recipients for any services whether or not said services are covered by the beneficiary's Plan. We are prohibited from requesting any monetary compensation from the enrollee, or their responsible relatives, except for any applicable Medicaid co-payments or otherwise as specified herein. We are permitted to charge Medicaid enrollees, including those who are enrolled in a Managed Care Plan, only when both parties have mutually and voluntarily agreed prior to rendering of the service that the enrollee is being treated as a private-pay patient.

All patients at this office agree to attend group and individual psychotherapy at a frequency determined in their personalized Care Plan. When concurrently receiving counseling services from another provider, you are responsible not to attend the same modality of service (e.g. group or individual treatment) on the same date of service at more than one site. We do not establish care with any person whom we know is currently being served by another mental health professional unless all parties are informed and agree to work collaboratively and the patient signs appropriate consents to release of information at both locations. When a person chooses to change professionals by ending services elsewhere, but has not terminated with the former provider, they are encouraged to first deal with that termination before entering into a new therapeutic relationship.

NYS Medicaid rules require that appropriate resources of the local medical market area must first be utilized in order to avoid unnecessary transportation costs. If it is necessary to refer a Medicaid recipient elsewhere for specialized services, we will seek local resources first but may refer those for whom an appropriate local provider is not available outside of Sullivan County.

All patients who may be eligible for Medicaid are asked to sign consents to release of information allowing communication with the Sullivan County Department of Family Services, Managed Care Organizations, and medical transportation vendors.

This signed consent agreeing to the foregoing policies should be filed in the clinical record of each Medicaid recipient. Copies will be furnished to anyone upon request and are posted on the web with other policies at www.choicesmhc.com/?q=policies.

Patient's printed name: _____ Signature: _____

Provider's signature: _____ Dated: _____

Thomas S. Rue, LMHC, CASAC, NCC, CCMHC

References

- New York State Dept. of Social Services, *Provider General Guidelines for Medicaid Program*, p. 11. Retrieved 12/31/2017 from www.emedny.org/ProviderManuals/AllProviders/PDFS/archive/Information_for_All_Providers-General_Policy_2011-1.pdf
- American Mental Health Counseling Association, *code of ethics*: As approved by the AMHCA governing council [Electronic version]. Retrieved on 12/31/2017 from ww.amhca.org/learn/ethics

Revised 1/1/2018