

CERTIFICATE OF COMPLETION

Thomas Rue

has earned

12 Professional Development Hours

and

12 hours of Continuing Education

for participating in

**DOT/SAP QUALIFICATION/REQUALIFICATION (49 CFR PART 40.281(C)(1)) /
UPDATE (49 CFR PART 40.281(D)) TRAINING**

Facilitated by

Tamara Cagney, Ed.D., CEAP, MFT, LPCC
February 8, 10, 16 & 18 2021 Virtual Offering ~

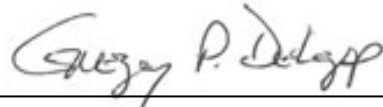
Approved for 12 PDHs by the:

Employee Assistance Certification Commission - EACC Approval Number VBEAPA0516-C04 Domain II

NAADAC Approved Provider Number 62709

EAPA is an NBCC approved continuing education provider, (ACEP) No. 6418

This training is approved by National Association of Social Workers (Approval # 886409586-3732) for (12) continuing education contact hours



Gregory P. DeLapp, MHS, CEAP
Chief Executive Officer



4350 North Fairfax Drive, Suite 740 Arlington, VA 22203
www.eapassn.org

CERTIFICATE OF SAP/DOT UPDATE TRAINING

THIS CERTIFIES THAT

Thomas Rue

HAS SUCCESSFULLY COMPLETED FOURTEEN (14) CONTACT HOURS IN:

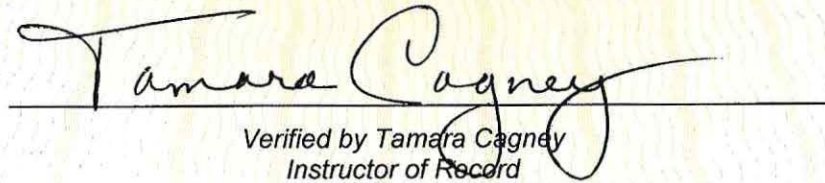
SAP / DOT CONTINUING EDUCATION UPDATE

REQUIRED UPDATE ON FEDERAL DOT REGULATIONS AND INTERPRETATIONS
FOR THE SUBSTANCE ABUSE PROFESSIONAL (SAP)

LAS VEGAS, NEVADA

JULY 27-28, 2018

*This training meets the requirements of 49 CFR Part 40.281(d), Continuing Education.
For verification, please contact Blair Consulting Group (612-827-4147), or email to SAP@blairconsultants.com*



Verified by Tamara Cagney
Instructor of Record
BLAIR CONSULTING GROUP, INC.

CERTIFICATE OF SAP QUALIFICATION TRAINING

THIS CERTIFIES THAT

Thomas S. Rue

HAS SUCCESSFULLY COMPLETED FOURTEEN (14) CONTACT HOURS IN:

SAP QUALIFICATION TRAINING

FEDERAL DOT REGULATIONS AND
ASSESSMENT REQUIREMENTS
FOR THE SUBSTANCE ABUSE PROFESSIONAL (SAP)

CHICAGO, ILLINOIS

JULY 23-24, 2015

*This training meets the requirements of 49 CFR Part 40.281(c)(1), Qualification Training
For verification, please contact Blair Consulting Group (612-827-4147), or email to SAP@blairconsultants.com*

A handwritten signature in black ink that reads "Tamara Cagney". The signature is written in a cursive style and is positioned above a horizontal line.

Verified by Tamara Cagney
Instructor of Record
BLAIR CONSULTING GROUP, INC.

**EMPLOYEE ASSISTANCE PROFESSIONALS ASSOCIATION
PROFESSIONAL DEVELOPMENT INSTITUTE**

THIS CERTIFIES THAT

THOMAS RUE

**HAS SUCCESSFULLY COMPLETED EAPA'S
SUBSTANCE ABUSE PROFESSIONALS (SAP) EXAMINATION**

*DEVELOPED TO COMPLY WITH THE DEPARTMENT OF TRANSPORTATION'S
REQUIREMENTS OF 49 CFR PART 40.281(C)(2).*

EXAM ISSUED: 11/5/2012



Employee Assistance
Professionals Association

John B. Maynard

**JOHN B. MAYNARD, PHD, CEAP
CHIEF EXECUTIVE OFFICER**

CERTIFICATE OF ATTENDANCE

THOMAS RUE

has earned

14 Professional Development Hours

for participating in

**DOT/SAP QUALIFICATION (49 CFR PART 40.281(C)(1)) /
UPDATE (49 CFR PART 40.281(D)) TRAINING**

Facilitated by

TAMARA CAGNEY, ED.D., CEAP

October 16 - 17, 2012

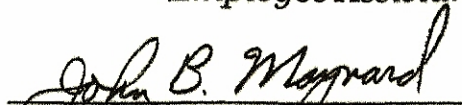
Approved for PDHs by the:

Employee Assistance Certification Commission - EACC Approval number **SSEAPA1012-PC1 Domain II**

EAPA's 2012 Annual World EAP Conference

Baltimore, Maryland

Employee Assistance Professionals Association, Inc.


John Maynard, PhD, CEAP
Chief Executive Officer



Employee Assistance
Professionals Association

INTERNATIONAL CERTIFICATION & RECIPROCITY CONSORTIUM

certifies that

Thomas Scott Rue

has demonstrated the knowledge, skills and professional competencies for an

ICADC

as attested to by

NYS OASAS




IC&RC President

10/01/2008

Date of Issue

105065

Certificate Number

10/27/2023

Valid Through



Office of Addiction Services and Supports

Be it Known That

Thomas S. Rue

Having given satisfactory evidence of fitness and having demonstrated the basic knowledge, skills and professional competencies prescribed by regulation, has been found duly qualified as a

CREDENTIALLED ALCOHOLISM AND SUBSTANCE ABUSE COUNSELOR

Master Counselor

by the State of New York

EXCELSIOR



Arlene González-Sánchez

Arlene González-Sánchez

Commissioner

10741

Credential Number

Effective Date: **10/28/2020**

Expiration Date: **10/27/2023**

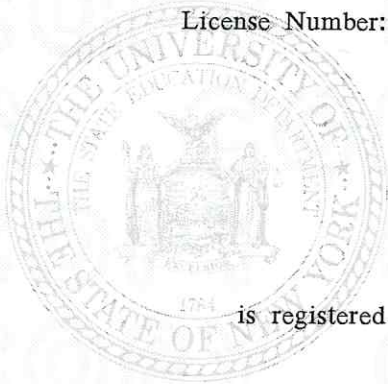
SEE BACK FOR IMPORTANT INFORMATION

*The University of the State of New York
Education Department
Office of the Professions*

REGISTRATION CERTIFICATE
Do not accept a copy of this certificate

License Number: 000461-01

Certificate Number: 1015604



RUE THOMAS SCOTT
PO BOX 706
MONTICELLO

NY 12701-0706

is registered to practice in New York State through 09/30/2023 as a(n)
MENTAL HEALTH COUNSELOR

LICENSEE/REGISTRANT

EXECUTIVE SECRETARY

Sharon L. Tate
INTERIM COMMISSIONER OF EDUCATION

DEPUTY COMMISSIONER
FOR THE PROFESSIONS

This document is valid only if it has not expired, name and address are correct, it has not been tampered with and is an original - not a copy. To verify that this registration certificate is valid or for more information please visit www.op.nysed.gov.

AC# 10101399

STATE OF FLORIDA
DEPARTMENT OF HEALTH
DIVISION OF MEDICAL QUALITY ASSURANCE

DATE	LICENSE NO.	CONTROL NO.
02/25/2021	MH 18359	108142

THE LICENSED MENTAL HEALTH COUNSELOR

NAMED BELOW HAS MET ALL REQUIREMENTS OF THE LAWS AND RULES OF THE STATE OF FLORIDA.

Expiration Date: MARCH 31, 2023

THOMAS SCOTT RUE
32 MOUNTAIN MALL PLAZA, SUITE 2
MONTICELLO, NY - 12701



AC# 10101399

STATE OF FLORIDA
DEPARTMENT OF HEALTH
DIVISION OF MEDICAL QUALITY ASSURANCE

DATE	LICENSE NO.	CONTROL NO.
02/25/2021	MH 18359	108142

THE LICENSED MENTAL HEALTH COUNSELOR

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Expiration Date : MARCH 31, 2023
THOMAS SCOTT RUE

Ron DeSantis
GOVERNOR

Scott A. Rivkees, MD
State Surgeon General

DISPLAY IF REQUIRED BY LAW

EXPIRATION DATE: MARCH 31, 2023

Your license number is MH 18359. Please use it in all correspondence with your board/council. Each licensee is solely responsible for notifying the Department in writing of the licensee's current mailing address and practice location address. If you have not received your renewal notice 90 days prior to the expiration date shown on this license, please visit www.FLHealthSource.gov and click "Renew A License" to renew online.

The Medical Quality Assurance Online Services Portal gives you the ability to manage your license to perform address updates, name changes, request duplicate licenses and much more.

It's simple. Log onto your MQA Online Services account today at <http://flhealthsource.gov/>. Select the "Account Login" button to access your account. For changes to your name, address or to request duplicate licenses, choose your selection from the dropdown list under "Manage My License". Your profession will open for renewal 90 days prior to your expiration date. When the renewal cycle opens for your profession, the "Renew My License" header will automatically display on your license Dashboard.

IMPORTANT ANNOUNCEMENTS

ARE YOU RENEWAL READY? :

The Department of Health will now review your continuing education records at the time of license renewal.

To learn more, please visit www.FLHealthSource.gov/ayrr

FOUNDATIONS FOR DISCIPLINE

You should be familiar with the Grounds for Discipline found in Section 456.072(1), Florida Statutes, and in the practice act for the profession in which you are licensed. Florida Statutes can be accessed at www.leg.state.fl.us/Statutes



National Board for Certified Counselors, Inc.
certifies that

Thomas Scott Rue

has successfully met the professional counseling standards established
by the Board and in so doing has earned recognition as a
National Certified Counselor™ (NCC®)

22579

Certificate Number

October 20, 1990

Certification Date



Chairperson

October 31, 2025

Expiration Date



nbcc™

National Board for Certified Counselors®, Inc.
Certifies that

Thomas Scott Rue

has met the professional mental health counseling standards
established by the Board and has earned recognition as a
Certified Clinical Mental Health Counselor™ (CCMHC™)

22579

Certificate Number

October 23, 1993

Certification Date



Chairperson

October 31, 2025

Expiration Date

This certificate is valid only as long as the National Certified Counselor™ (NCC®) credential is current.

Rider College

School of Education

*Upon the recommendation of the Faculty and
by authority of the Board of Trustees
hereby confers upon*

Thomas S. Rue

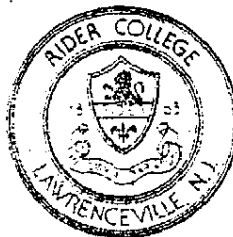
the degree of

Master of Arts

*with all the rights and privileges thereunto appertaining.
In testimony whereof we have hereunto affixed our
signatures and the seal of the College
this second day of June, 1985.*

Richard L. Glines

CHAIRMAN, BOARD OF TRUSTEES



Paul H. O'Connell

PRESIDENT

DEAN, SCHOOL OF EDUCATION

Trenton State College

Trenton



New Jersey

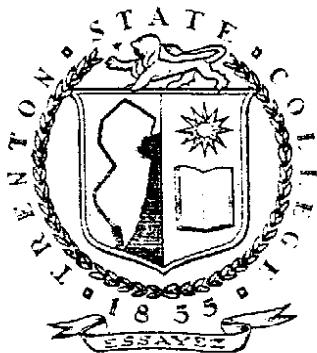
The Board of Trustees of Trenton State College upon
the Recommendation of the Faculty hereby confers upon

Thomas S. Rue

the degree of

Bachelor of Arts

with all the rights, honors, and privileges thereunto appertaining.
In Witness Whereof the seal of the College and the signatures of the
President and the Chairman of the Board of Trustees are hereunto
affixed this twenty-seventh day of May, 1983.



Harold Eubank
President

Erna L. Hoover
Chairman of the Board

Thomas S. Rue, MA, LMHC, Master CASAC, CCMHC, NCC, SAP

32 Mountain Mall Plaza, Suite 2, PO Box 706, Monticello, New York 12701-0706 USA
Office: 845-513-5002 | Secure Fax: (866) 428-0282
tom@choicesmhc.com | www.choicesmhc.com

Choices Mental Health Counseling PLLC (incorporated 2011).

Areas of Experience and Clinical Expertise

Mental Health and Substance Abuse Counseling

- Psychotherapy, counseling with adults, couples, families, adolescents, and groups.
- US DOT qualified Substance Abuse Professional (SAP), 49 CFR Part 40.281(c)(1).
- Adult and child survivors of trauma, including options counseling for victims of ongoing abuse.
- Stress, anxiety, attentional, and mood disorders; serious and persistent mental illness and MICA.
- Case management, treatment planning, and comprehensive biopsychosocial assessments and diagnosis in mental health, addiction treatment, and child welfare agencies.
- Twenty-five years post-Masters experience treating adult men and women, families, couples, and youth for a wide range of psychiatric and addiction issues.
- Group/individual treatment, case management, as part of interdisciplinary treatment teams in OMH licensed Continuing Day Treatment for chronically mentally ill adults, OASAS licensed outpatient addictions clinic (LGU) with adults and teenagers, and inpatient addiction treatment.
- Relapse prevention counseling in conjunction with medication assistance treatment maintenance.

Assessments and Diagnosis

- Collaborating Investigator with the American Psychiatric Association in *DSM-5* clinical field trials, 2011-2012 (participation acknowledged by name on page 915 of the 2013 edition of the *DSM-5*.)
- Assessment and outpatient treatment of substance use disorders for alcohol and other drugs, and behavioral addictions (court-ordered or self-referred, DWI assessments utilizing NYS Impaired Driver System), including co-occurring mental health conditions, 2010 to present.
- Fifteen years conducting assessments related to recovery from addiction to alcoholism and other drugs, as well as mental illness, including making level of care determinations for NYS OASAS.
- Outreach counseling in jails, prisons and hospitals, screening applicants seeking inpatient addiction care, and comprehensive mental health assessments in an OMH outpatient day treatment setting.

Family Therapy

- Therapy with in-tact, blended, and adoptive families, couples and relationships.
- Codependency counseling for family members and other loved ones of alcoholics/addicts.
- Home-based pre-adoption home studies, family assessments, and other family issues (home visits).
- Over six years operating a successful program (sole worker) of home visits and assessments for Sullivan County Department of Social Services and Family Court, providing clinical services (family therapy) as Intensive Preventive Services to families of children identified by DSS as highest risk for out-of-home placement, with goals of family reunification and/or preservation.

Current Licenses, Certifications, and Additional Qualifications

- Licensed Mental Health Counselor – NYS Department of Education (#000461), since 2006; and Florida Department of Health (#) since 2020.
- Substance Abuse Professional (SAP) – US DOT qualified (49 CFR Part 40.281[c][1]), since 2012.
- Master-CASAC, Credentialed Alcoholism and Substance Abuse Counselor (#10741) – NYS Office of Alcoholism & Substance Abuse Services, since 1998.
- Diplomate, Clinical Mental Health Specializing in Co-Occurring Disorders, American Mental Health Counseling Association, since 2013.
- US DOT qualified Substance Abuse Professional, training at Employee Assistance Professionals Association, Baltimore, Maryland, 10/2012; passed EPA examination 1/5/2012.

- Certified Clinical Mental Health Counselor - NBCC (#22579), since 1993.
- National Certified Counselor – NBCC (#22579), since 1990.
- Internationally Certified Alcohol and Drug Abuse Counselor (#105065), International Certification and Reciprocity Consortium (IC&RC), since 2008.
- Notary Public of the State of New York (#01RU6173292) - NYS Department of State, commission expires renewal September 2015, filed with Sullivan County Clerk, since 2007.

Past Certifications, Eligible for Renewal if Needed

- School Counselor license – NYS and Nevada Departments of Education (provisional), 2000-2002.

Work Experience

Supervision

- Directed education and training for 50 counselors, physicians, nurses, social workers, and allied professionals at a state-operated addiction treatment center (ten years).
- Consulted with clinicians as a state-operated facility’s “Privacy Liaison” on HIPAA and confidentiality laws specific to drug and alcohol treatment and HIV-related information (ten years).
- Consulted and provided trainings to clinicians as facility designee on “cultural competence”, presented trainings aimed at teaching cultural humility to staff and sharing information about the role of culture on patients’ treatment experience, care, and outcomes (ten years).
- Supervised adult criminal and juvenile status offenders for courts and conducted probation pre-sentence investigations for criminal and family courts (two years).

Administration

- Sole member and founder of Choices Mental Health Counseling PLLC (ten years). Received the *Deborah A. Arundale Award for Leadership* at the 2020 annual convention of NYMHCA in Albany.
- Member of management team at an inpatient treatment center, NYS OASAS (ten years).
- Represented Agency at public events; implemented and maintained e-mail marketing lists.
- Coordinated inpatient admissions (40 men, 20 women), screened for psychiatric/ social/medical stability, intakes to keep pace with discharges (seven years).
- Implemented and served on a multi-agency project in Sullivan County aimed at welfare reform, wrote policies, provided mental health/addiction evaluations for so-called “hardest to serve” recipients aimed at sustained employment for those with work potential or approval of SSI/SSD for the disabled, drafted policies and procedures that were approved by Commissioner (two years).
- As solitary worker in Sullivan County for voluntary child welfare agency, managed family therapy program to prevent out-of-home placement of delinquent and at-risk youth; referrals from Sullivan County Department of Social Services and Family Court (six years).
- Experienced manager and policymaker in public and non-profit sectors with excellent organizational, writing, public relations and marketing skills (see below).

Technology

- Computer network administrator for over 40 computer users on Win2K/2K3 servers; supported system security and operation of a Java-based online medical records database, "Avatar" (8 years).
- Freelance writing, website development and administration of UNIX (FreeBSD) and Win2k3 servers, with MySQL database-driven content management system (Drupal); fluent with HTML.
- Competent with Access and Paradox desktop databases, Excel, various word-processing programs, Acrobat Professional, graphics software, digital photography, Macromedia Dreamweaver, WebEdit, PGP data encryption, various anti-virus, firewalls and other security measures.
- Proficient on DOS; Windows 3.1, 98, 2000, 2003 Server, XP, Vista; FreeBSD (UNIX), Linux.

Research and Classroom Teaching

Collaborating Investigator, DSM-5 Field Trials in Routine Clinical Practice Settings

- American Psychiatric Association, 2011-2012 (listed by name on p. 915 of *DSM-5*, 2013 edition).

Adjunct Professor, Psychology, and Social & Behavioral Sciences

- Humanistic Psychology (taught four semesters), SUNY-Sullivan.
- Methodology of Behavioral Research (taught one semester), Mercy College.
- Introduction to Self-Management class (taught two semesters), Marist College.

Distance Education

- Instructor, Humanistic Psychology (non-credit), Universal Class, Inc., Tampa, Florida, continuous enrollment/instruction via web and e-mail interface.

Education

- M.A. in Counseling Services, 1985, Rider University, Rider University, Lawrenceville, New Jersey. Completed clinical internships, 1984-1985, at Anchor House for Children and St. Francis Medical Center, both in Trenton, New Jersey. Masters thesis (1985): "Gender differences in styles of expressing anger in marital relationships." Additional practicum in school counseling, 2000, at Fallsburg High School, Fallsburg, New York.
- B.A. *cum laude* in Psychology, 1983, The College of New Jersey, Ewing, New Jersey.
- Graduate courses in psychology 1991 to 1993, University of Iowa, Iowa City, Iowa.
- Community College of the Air Force, Montgomery, Alabama, June 1980 to September 1981, Resource Management Technology.
- Brigham Young University, Provo, UT (1½ years) and Jerusalem, Israel (6 months), September 1976 to June 1980, emphasis on sociology, religion, and family and local history studies.

Employment History

- *Independent Practice*
Choices Mental Health Counselling PLLC Monticello, NY 2010 to present.
Full-time since October 2013. Credentialed with various insurances, managed care, and EAPs.
Part-time private practice, 1996 to 1998, family therapy and adolescent preventive services.
- *Addiction Counselor 2*
NYS Office of Alcoholism and Substance Abuse Services
Richard C. Ward Addiction Treatment Center Middletown, NY 2000 – 2013
- *Staff Social Worker*
Sullivan County Department of Community Services Liberty, NY 1995 – 2000
- *Placement Prevention Worker* (under contract with Sullivan County Department of Social Services)
Berkshire Farm Center & Services for Youth, Sullivan County, NY 1989 – 1995
- *Probation Officer*
Sullivan County Probation Department Monticello, NY 1987 – 1989
- *Houseparent / Residence Counselor*
Wayne County Children and Youth Services Beach Lake, PA 1984 – 1987
- *Houseparent*
Step-By-Step, Inc. (mentally ill adults), Honesdale, PA 1986 – 1987
- *Clinical Coordinator*
Hunterdon Youth Services, Inc. Flemington, NJ Summer 1985

National Provider Identifiers

Thomas S. Rue
NPI: 1548588023
EIN: 141704167
CAQH: 12123913

Choice Mental Health Counseling PLLC
NPI: 1871892034
EIN: 275376098