

**PROGRESS NOTES  
COVER SHEET**

CASE NAME  
George (pseudonym)

COMPLETED BY  
Thomas S. Rue, M.A.

AGENCY/DISTRICT

DATE  
1/1/90

LOCAL DISTRICT/AGENCY USE

CASE # 1

EVENT DATE	ENTRY DATE	ENTRY	Entered By
I.		<u>DATE OF ADMISSION:</u> August 25, 1989 [21 weeks]	
II.		<u>REVIEW OF THERAPY:</u> Family sessions - 22 Individual sessions - 13 Community - 11 Crisis calls - 3	
III.		<p><u>FAMILY DIAGNOSTIC ASSESSMENT:</u></p> <ul style="list-style-type: none"> <li>-Mother tries to set limits, assert parental control.</li> <li>-George refuses, becomes angry and rebels.</li> <li>-Father and older sister are distant from George and mother.</li> </ul> <p>-Father and sister begin to distance from George and mother.</p> <p>-Mother becomes emotionally over-involved with George.</p> <p>-George becomes stressed and tries to distance through behavior.</p> <p>-George escalates his behavior to crisis level.</p> <p>-Mother withdraws emotionally.</p> <p>-Father and/or sister are drawn in to control George.</p> <p>-Father and mother come together in concern for George, and attempt to coparent.</p> <p>-George responds by obeying his parents.</p>	
IV.		<p><u>TREATMENT GOALS:</u></p> <ol style="list-style-type: none"> <li>1. Assist mother and father in coming together in parenting issues around George.</li> <li>2. Assist the family to assist George in finding safe and age-appropriate ways to individuate.</li> <li>3. Raise mother in parental hierarchy by encouraging her to find appropriate adult resources for her emotional support.</li> </ol>	
V.		<p><u>GENOGRAM:</u></p> <p>The genogram illustrates the following family structure and relationships:</p> <ul style="list-style-type: none"> <li><b>Top Left:</b> A deceased father (marked with an 'X' in a square) died in 2/89, noted as having alcohol issues. He was closely related to a mother (circle with 58) who lives in a nearby town.</li> <li><b>Top Right:</b> A deceased father (marked with an 'X' in a square) died in 1969. He was related to a mother (circle with 75) who lives next door.</li> <li><b>Bottom Left:</b> A family unit consisting of a father (square with 39) and a mother (circle with 30). The father is noted as having alcohol issues when young. They have a child (circle with 22) who lives next door to the father.</li> <li><b>Bottom Center:</b> A note indicating a marriage (md.) in 1969 and a divorce (div.) in 1980, characterized as physically abusive.</li> <li><b>Bottom Right:</b> A family unit consisting of a father (square with 16) who lives with his mother, and a mother (circle with 40). The mother (40) lived together with a child (square with 34) since 11/89.</li> </ul>	